GOLD HEDAL PROFILE - SKI

Biathlon Canada Summer Series Professional Development Session

"KPI's for skiing

Technical/tactical and equipment pillars for skiing, applied at the Train to Compete level (14+) and the content can be adapted for Train to Train athletes.

WEDNESDAY SEPT 2

4:00PT/5:00MT/6:00CT/

7:00ET/8:00ALT/8:30NLT

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