

October 10, 2019

Biathlon Canada Selection Trials for World Cup Tour #1, IBU Cup Tour #1

November 5, 6 & 8, 2019
Canmore Nordic Centre
Canmore, AB

1. Organizing Committee

Chief of Competition:	Barb Sand
Chief of Range:	Carol Henley
Timing:	Zone 4
Course:	Roddy Ward
Biathlon Canada assigned Technical Delegate:	Gail Niinimaa
Organizing Committee contact:	Sarah Murphy smurphy@biathloncanada.ca

2. Registration

Registration is now open [HERE](#) and will close at 23:59 MST on Thursday, October 30th.

- \$30 per competition.
- All competitors must either have a Frozen Thunder season pass or purchase a day pass through the Canmore Nordic Centre.

3. Eligibility

World Cup Tour #1 and IBU Cup Tour #1: 2002 Year of Birth and older may compete. To be selected, you must be eligible. Please see Appendix A for all eligible athletes in the [2019-2020 National Team Program Document](#)

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All athletes participating in trials must be members in good standing of Biathlon Canada; foreign athlete participation upon permission of the Organizing Committee.

Biathlon Canada will be executing a universal waxing protocol for all participating athletes. Skis should be clean when they are submitted for wax protocol. **Any athletes who have pre-waxed skis with high fluoro, powder, or liquids will be disqualified from the competition. Biathlon Canada staff will prepare all skis.** All athletes must submit one pair of skis to the identified Wax Cabin at the Canmore Nordic Centre between:

11:00-13:00 on Monday, November 4
&
12:00-14:00 on Tuesday, November 5
&
11:00-13:00 on Thursday, November 7

Biathlon Canada Staff will make note of the athlete's name and ski, ensure the athlete's skis are waxed and ensure the athlete's skis are available in the start pen as they proceed to the start. Skis will be marked and checked at the finish line.

4. Competition Program

Monday, November 4

9:00-11:00	Training
11:00-13:00	Race skis dropped off to identified wax room

Tuesday, November 5

9:00-9:45	Zeroing
9:45	Race skis brought out to start area
10:00	Short Individual Women
11:15	Short Individual Men
12:00-14:00	Race skis dropped off to Identified Wax Room

Wednesday, November 6

9:00-9:45	Zeroing
9:45	Race skis brought out to start area
10:00	Sprint Men
11:15	Sprint Women

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Thursday, November 7

9:00-11:00	Training
11:00-13:00	Race skis dropped off to identified wax room

Friday, November 8

9:00-9:45	Zeroing
9:45	Race skis brought out to start area
10:00	Modified Relay Women
11:15	Modified Relay Men

5. Race Formats

Nov 5 – Short Individual. Men – 15 km; Women 12.5 km. 45 sec. time penalty per miss.

Nov 6 – Sprint. Men 10 km; Women 7.5 km.

Nov 8 – Modified Relay Format **but with individual start**. Men 7.5km; Women 6km. Athletes will have 3 spares per clip with penalty loops for further missed targets, as per a relay format.

- Zero and start times may be adjusted depending on weather.
- Race course distances are approximate and will be dependent on available snow
- If there is not sufficient snow for a penalty loop, an equivalent time penalty will be used (22 seconds for Men, 24 seconds for Women)

6. Courses

TBD, using available snow. The course will be communicated at the Coaches Meeting.

7. Zeroing Lanes

The Organizing Committee will assign lanes and will post these each morning at the Biathlon building.

8. Coaches Meeting

Monday, November 4th at 11:30am in the Spray room at the Biathlon Canada Office

9. Selection

Team selection will be made based on the process outlined in the [2019-2020 National Team Program](#). Athletes selected for tours will be notified by Tuesday, November 12th.

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Selection method: Trial ranking:

- Athletes will be ranked using **Performance Percentage** by dividing the average of the top three finishers' final times by the final time of a particular athlete, truncated to two decimal points.
 - At selection events with one race, the competitor with the highest Performance Percentage will be ranked higher.
 - At selection events with two races, the two Performance Percentages will be averaged for ranking.
 - At selection events with three races, the Performance Percentages for the two best races will be averaged for ranking.
 - At selection events with four races, the Performance Percentages for the three best races will be averaged for ranking.
- If there is still a tie, Discretionary Selection will be used.
- An athlete in the men's/women's category must achieve an overall Performance Percentage of at least 94% in the trials period to be eligible for selection. A Junior athlete must achieve an overall Performance Percentage of at least 90% in the trials period to be eligible for selection. A Youth athlete must achieve an overall Performance Percentage of at least 85% in the trials period to be eligible for selection.
 - To clarify, if a Junior athlete is attempting to qualify for a World Cup or IBU Cup position, they must achieve a minimum performance percentage of the category in which they are qualifying for. In this example, 94%. The same would be true for a Youth attempting to race Senior or Junior.
- Results of athletes pre-selected for World Cup Tour 1 will not be factored into the performance percentages. Results of athletes pre-selected for IBU Cup Tour 1 **will** be factored into the performance percentage.
- International athletes competing in trials will not be factored into the ranking.
- **In the event of an extreme injury, severe illness, or significant adverse unforeseen circumstance that impacts an athlete's ability to compete during the Tour 1 Trials period, the HPWG reserves the right to place an athlete on World Cup Tour 1 or IBU Cup Tour 1 using Discretionary Selection criteria. This reserved right would take precedent over the selection criteria described in the World Cup Tour 1 and IBU Cup Tour 1 Season Plan.**
 - In order for an athlete to make a request that illness, injury, or adverse unforeseen circumstance be taken into consideration by the HPWG, the following process must be followed:
 - Chronic Injury or Illness (an injury or sickness that has been present more than 24 hours before the race): A physician's note detailing the problem and the prognosis must be presented to the HPWG prior to the race in question.
 - Acute Injury or Illness (an injury or sickness that has been present less than 24 hours before the race): The HPWG must receive written notice of

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the problem prior to the race in question. A physician's note explaining the details of the problem and the prognosis must be presented to the HPWG within 24 hours of the last race of the Trials period.

- Adverse unforeseen circumstance (e.g. close family bereavement): The HPWG must receive written notice of the circumstance prior to the race in question.

10. Frozen Thunder Training

Training and racing during trials week (Nov 4-8) will be covered by race fees, although a Nordic Centre pass is always required.

11. Logistics Information

CANMORE NORDIC CENTRE:

There is food service at the Day Lodge with hot and cold food for purchase. Pack a lunch or use the food service at the centre.

There are toilets and coin-operated showers in the wax room areas and the Day Lodge but you must bring your personal towels and supplies.

LOCATION:

<https://www.google.ca/maps/place/Canmore+Nordic+Centre/@51.0903395,-115.3877238,17z/data=!3m1!4m2!3m1!1s0x5370cf52096c28eb:0xf726180e425ae50?hl=en>

Calgary International Airport is 122 Km from the Canmore Nordic Centre. The new Ring Road (Stoney Trail) is the fastest way to get to and from the airport, avoiding numerous lights and traffic in Calgary.

All Car Rental agencies are available at the airport.

Driving time from Calgary is 1.3 hours in good weather on excellent four-lane highways

Vancouver to Canmore is 9 to 11 hours,

Edmonton to Canmore is 4.5 hours.

PARKING:

Please park only in designated areas. Parking will be at a premium during this event. We ask that the biathlon area be used as a drop off area for athletes and equipment only. Parking is available at the main lot by the Day Lodge and in the overflow lot. Teams with trailers may request a pass for the biathlon area if the trailer is going to be unhitched.

ACCOMMODATIONS:

Canmore offers a wide variety of hotels, condos, suites, vacation rentals and B&Bs.



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Visit www.canmorealberta.com, <http://www.tourismcanmore.com> , or www.canmorehotels.com to see the local hotels and amenities available.

Basecamp Resorts www.basecampresorts.com/canmore Phone: 1-855-219-4707

Rocky Mountain Ski Lodge <http://www.rockyski.ca> Toll Free: 1-800-665-6111 Phone: 1-403-678-5445

The Drake Inn <http://www.drakeinn.com/> Toll Free: 1-800-461-8730 Phone: 1-403-678-5131
downtown

Best Western Pocaterra Inn <http://www.pocaterrainn.com/> Toll free: 1-888-678-6786 Phone: 1-403-678-4334

Canmore Mountain Lodge <http://www.canmoremountainlodge.com/> Toll Free: 1-800-661-2133
Phone: 1-403-678-5488

Coast Hotel & Conference Center Canmore

<http://www.coasthotels.com/hotels/ab/canmore/coast-canmore-hotel-and-conference-centre/>

Toll Free: 1-800-716-6199 Phone: 1-403-678-3625