



Invitation to the

Western Canadian Championships

&

Calforex Cup # 5

March 1, 2 & 3, 2019

Hinton, Alberta

Hosted by the

Hinton Nordic Skiers

The community of Hinton and the Hinton Nordic Skiers invite you to a weekend of competition at the Hinton Nordic Centre. Come and take part in this year's Western Canadian Championships and Alberta Provincial Championships combined as athletes from all over converge on to our magnificent trails. This competition will also be the second last in our Calforex Cup Series.

See you at the Hinton Nordic Centre.

Race Chairperson
Louis Corbeil
rdlc@telus.net
780-740-3639



Organizing committee

Technical Delegate – Veli Niinimaa
Competition Chief – Louis Corbeil
Chief of Timing – Local Chief and Elmar Heger, Biathlon Alberta
Chief of Course – Christian Weik
Chief of Stadium – Terry Dodge
Chief of Range – Garry Schaffel
Competition Secretary – Kim Tew
Volunteer Coordinator – Darla Walker

Questions should be directed to Louis Corbeil at rdlc@telus.net
Phone 780-740-3639

Registrations online with: Zone4.ca

Note: changes in weather or facilities may change the type of competition.

Back up site: None.

Eligibility

All members of Biathlon Canada Divisions with a 2018-2019 competitor membership card, are eligible to participate in the classes as authorized by the 2018 IBU rules and Canadian/Biathlon Alberta Hosting Policies (2018). Foreign athletes may also compete, provided they are members of their respective National Biathlon Federation.

Foreign athletes are not, however, eligible for Westerns medals.

4.1.4. Firearms Permits. It is mandatory that all athletes have in their possession, and be able to show upon request, their PAL or Minor's License. All Competitors must comply with Canadian firearms laws and their provincial/territorial firearms regulations.

Medal Categories

This event combines the Western Canadian Championships and the Alberta Championships. Both the Sprint and Individual competitions will award medals for both championships. Please be aware of the following:

- Alberta Provincial Championship categories include all categories listed on the Page 7 table. Athletes in these categories will also receive Calforex Cup points as per Calforex Cup policy.
- Western Canadian Championship medals are awarded to the following categories: Men/Women, Junior Men/Women, Youth Men/Women, Senior Boys/Girls, Junior Boys/Girls, Master Men/Women



Registration:

Register online at www.zone4.ca – Event Registration. Payment must be made using a credit card. (No cheques, phone, fax, e-mail, in-person, team lists, or manual entries.)

REGISTRATION DEADLINE is Wednesday, February 27th at 11:59 p.m.

NO REGISTRATION WILL BE ACCEPTED AFTER THE CLOSE DATE AND TIME!

Registration Fees:

| | |
|--|---|
| Masters, Men, Women, Junior, Youth, Sport, Senior Boys/Girls | \$37.00 per day , plus on-line service charge (includes trail passes for unofficial training day and two competition days). |
| Dev-1, Dev-2, Air Rifle 1, Air Rifle 2 | \$23.00 per day , plus on-line service charge (includes trails pass fees for unofficial training day and two competition days) |

*Additional day passes for the Hinton Nordic Centre can be purchased online at www.zone4.ca. Go to Online Registration, Club Registrations, Hinton Nordic is third from the top at present; there are charges for the online service.

Hinton Nordic is encouraging that coaches provide background highlights of each of their athletes to be shared during the race commentaries. These may be emailed to Louis Corbeil (rldc@telus.net) prior to the race weekend or submitted in written form at the Captain's Meeting.

Cancellation Policy:

If an event is cancelled prior to the weekend of competition (Thursday or earlier) due to anticipated or prevailing weather conditions, competitors will receive a 50% refund of registration fees. If competitions are postponed or cancelled on the weekend of the event, no refund of registration fees will be made.

Awards Banquet:

The Awards Banquet will be held Saturday evening, March 2, at the **Hinton Center** for competitors, family members, volunteers and friends.

Banquet tickets can be purchased for **\$28/ADULT** and **\$20.00/U15** (must be purchased online at www.zone4.ca). **Tickets are not part of the registration fee.**

Doors open at 5:30 / Supper at 6:00 / Awards at 7:15

Directions: Located at 965 Switzer Drive. As you come into Hinton (west bound), turn left on Switzer Drive (at the first set of traffic lights by the Fast Gas). The **Hinton Centre** is at the bottom of the hill on the righthand side. Take the "jug handle" on the right near the bottom of the hill and stay right.



How to get to Hinton (Athabasca Lookout) Nordic Centre?

- Head west out of Hinton on Hwy. 16 (Jasper direction)
- Turn right (north) on Hwy. 40 (Grande Cache direction)
- Look for the sign, about 10 km after turn on to Hwy.40
- Turn left 1 km after sign
- Once on the gravel road, take first right
- For safety reasons, please back in to parking space

Other:

Water: Please ensure you bring sufficient water for the day. **There will be some drinking water on site.**

Waxing: We have limited waxing facilities on site. Plug-ins can also be found around the main chalet. No wax benches are available.

Competition Office: Located in the timing hut across from the main chalet.

Stadium and Race Course Maps: Will be provided at the Captain's meeting, will be posted at the chalet Friday morning and available for viewing at www.hintonnordic.ca.

Captain's Meeting: The Captain's Meeting will be held at the **École Mountain View School** at 7:00pm, Friday, March 1.

École Mountain View School: Located at 141 McLeod Ave. As you come in to Hinton (west bound) turn left on Switzer Drive (at the first set of lights). The second right hand turn is McLeod Ave. Turn right. The school is 200m away on the left side.

Meals: Athletes, coaches and spectators will not be provided with an on-site canteen. Must supply their own meals on-site.

Accommodations:

Please refer to the Town of Hinton web site for information on accommodations and restaurants at www.hinton.ca.



Competitions: Mass Start and Sprint

Schedule of Events:

Friday, March 1:

| | |
|-------|---|
| 10:00 | Practice for all competitors (race maps will be posted) |
| 13:00 | Official practice. Range opens (Paper will be supplied) |
| 16:00 | Range closed |
| 19:00 | Captain's meeting at École Mountain View School (directions to office are on page 3) |

Saturday, March 2:

Mass Start Competition

| | |
|-------|---|
| 08:30 | Competition Office Opens – Bib pickup by team before zero |
| 09:45 | Equipment check opens |
| 10:00 | Zero begins – All Categories |
| 10:45 | Zero ends |
| 11:00 | Competition begins – Mass start |
| 18:00 | Banquet - Awards for Sprint competition will be presented at the banquet. |

Sunday, March 3:

Sprint Competition

| | |
|-------|---|
| 08:00 | Competition Office Opens – Bib pickup by team before zero |
| 08:45 | Equipment check opens |
| 09:00 | Zero begins – All Categories |
| 09:45 | Zero Ends |
| 10:00 | Competition begins – Sprints |

Awards on site when the results become final

Penalties:

- Mass Start: Air Rifle 1, Air Rifle 2, Dev 1 and Dev 2 ski a 100m penalty loop. All other classes ski a 150 m penalty loop.
- Sprint: Air Rifle 1, Air Rifle 2, Dev1 and Dev2 ski a 100m penalty loop. All other classes ski a 150 m penalty loop.

Rifle Carrying:

- Dev and Air Rifle categories athletes shall have their rifles placed on and removed from the firing line by their coaches.
- Senior Boys/Girls carry their rifles only on the range. Coaches are responsible to provide their own "rifle runners".



Classes & Types of Competitions

| Class | Age | Mass Start | Sprint |
|------------------------------|------------|-----------------|---------------|
| IBU Classes | | | |
| Men | 22+ | 15 km PPSS | 10 km PS |
| Women | 22+ | 12.5 km PPSS | 7.5 km PS |
| Junior Men | 19 - 21 | 12.5 km PPSS | 10 km PS |
| Junior Women | 19 - 21 | 10 km PPSS | 7.5 km PS |
| Youth Men | 16 - 18 | 10 km PPSS | 7.5 km PS |
| Youth Women | 16 - 18 | 7.5 km PPSS | 6 km PS |
| Masters Men | 35+ 50+ | 7.5 km PPSS | 6 km PS |
| Masters Women | 35+ 50+ | 6.25 km PPSS | 6 km PS |
| Alberta Classes | | | |
| Sport Men | 17+ | 6.25 km PPSS | 6 km PS |
| Sport Women | 17+ | 6.25 km PPSS | 6 km PS |
| Rec. Class Men/Women | 17+ | 5 km PPP | 3.75 km PS |
| Senior Boys | Under 17 | 6.25 km PPSS | 6 km PS |
| Senior Girls | Under 17 | 6.25 km PPSS | 6 km PS |
| Dev – 2 Male/Female | Under 17 | 5 km PPP | 3.75 km PP |
| Dev – 1 Male/Female | Under 17 | 4 km PPP | 3 km PP |
| Air Rifle – 2 Male/Female | Under 15 | 4 km PPP | 3 km PP |
| Air Rifle – 1 Male/Female | Under 15 | 4 km PPP | 3 km PP |



| Class | Age | Mass Start | Sprint |
|---------------------------------|------------|-----------------|---------------|
| Western Canadian Classes | | | |
| Men | 22+ | 15 km PPSS | 10 km PS |
| Women | 22+ | 12.5 km PPSS | 7.5 km PS |
| Junior Men | 19 - 21 | 12.5 km PPSS | 10 km PS |
| Junior Women | 19 - 21 | 10 km PS | 7.5 km PS |
| Youth Men | 16 - 18 | 10 km PPSS | 7.5 km PS |
| Youth Women | 16 - 18 | 7.5 km PPSS | 6 km PS |
| Senior Boys/Girls | 15 - 16 | 6.25 km PPSS | 6 km PS |
| Junior Boys/Girls | U 15 | 5 km PPP | 3.75 km PP |
| Master Men | 35+ 50+ | 7.5 km PPSS | 6 km PS |
| Master Women | 35+ 50+ | 6.25 km PPSS | 6 km PS |



CALFOREX CUP CATEGORIES – 2018/2019

Category Age Range Shooting Regulations

| | |
|---------------------|---|
| Air Rifle 1 | U15 athletes shoot on big targets at 10m + rest |
| Air Rifle 2 | U15 athletes shoot on small targets at 10m + rest |
| Dev 1 | U17 athletes shoot prone, 50m, rest permitted |
| Dev 2 | U17 athletes shoot prone, 50m, no rest |
| Senior Boys | U17 athletes shoot prone + standing, rifle drill |
| Senior Girls | U17 athletes shoot prone + standing, rifle drill |
| Sport Men | 17+ athletes shoot prone + standing, full carry |
| Sport Women | 17+ athletes shoot prone + standing, full carry |
| Youth Men | 16-18 as per IBU regulations |
| Youth Women | 16-18 as per IBU regulations |
| Junior Men | 19-21 as per IBU regulations |
| Junior Women | 19-21 as per IBU regulations |
| Men | 22+ as per IBU regulations |
| Women | 22+ as per IBU regulations |
| Master Men | 35+, 50+ as per BiCan regulations |
| Master Women | 35+, 50+ as per BiCan regulations |

Notes:

- **Under 17:** Any person under the age of 17 may compete in these categories
- **Under 15:** Any person under the age of 15 may compete in these categories
- Age, for all categories, as of December 31st, 2018
- Boys and girls compete together in Air Rifle and Dev categories, but are awarded separate medals and Alberta Cup Points.