

October 22, 2018

**Biathlon Canada Selection Trials for
World Cup Tour #1, IBU Cup Tour #1, and
Junior IBU Cup Tour #1**

**November 6, 8 & 9, 2018
Canmore Nordic Centre
Canmore, AB**

1. Organizing Committee

Chief of Competition:	Karin Kaarsoo
Chief of Range:	Carol Henley
Chief of Timing:	Andy Holmwood
Biathlon Canada assigned Technical Delegate:	Veli Niinimaa
Organizing Committee contact:	Heather Ambery hambery@biathloncanada.ca

2. Registration

Registration is now open [HERE](#) and will close at 23:59 MST on Thursday, November 1st.

- \$25 per competition.
- All competitors must either have a Frozen Thunder season pass or purchase a day pass through the Canmore Nordic Centre.

3. Eligibility

Junior IBU Cup Tour #1: Athletes born in 1997-2003.

World Cup Tour #1 and IBU Cup Tour #1: as per Appendix A of the [2018-2019 National Team Program Document](#).

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All athletes participating in trials must be members in good standing of Biathlon Canada; foreign athlete participation upon permission of the Organizing Committee.

Biathlon Canada will be executing a universal waxing protocol for all participating athletes. National Team staff will prepare all skis. All athletes must submit one pair of skis to the identified Wax Cabin at the Canmore Nordic Centre between:

12:00-14:00 on Monday, November 5
&
12:00-14:00 on Wednesday, November 7
&
12:00-14:00 on Thursday, November 8

Biathlon Canada Staff will make note of the athlete's name and ski, ensure the athlete's skis are waxed and ensure the athlete's skis are available in the start pen as they proceed to the start. Skis will be marked and checked at the finish line.

5. Competition Program

Monday, November 5

9:00-11:00	Training
12:00-14:00	Race skis dropped off to identified wax room

Tuesday, November 6

9:00-9:45	Zeroing
9:45	Race skis brought out to start area
10:00	Sprint Women
11:00	Sprint Men

Wednesday, November 7

9:00-11:00	Training
12:00-14:00	Race skis dropped off to identified wax room

Thursday, November 8

9:00-9:45	Zeroing
9:45	Race skis brought out to start area
10:00	Sprint Men

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11:00	Sprint Women
12:00-14:00	Race skis dropped off to Identified Wax Room

Friday, November 9

9:00-9:45	Zeroing
9:45	Race skis brought out to start area
10:00	Modified Relay Women
11:00	Modified Relay Men

6. Race Formats

Nov 6 – Sprint, Jr/Sr distance

Nov 8 – Sprint, Jr/Sr distance

Nov 9 – Modified Relay Format **but with individual start**. Junior/Senior distance. Athletes will have 3 spares per clip with penalty loops for further missed targets, as per a relay format.

- Zero and start times may be adjusted depending on weather.
- Race course distance will be dependent on available snow
- If there is not sufficient snow for a penalty loop, an equivalent time penalty will be used (22 seconds for Men, 24 seconds for Women)

7. Courses

TBD, using available snow. The course will be communicated at the Coaches Meeting.

8. Zeroing Lanes

The Organizing Committee will assign lanes and will post these each morning at the Biathlon building.

9. Coaches Meeting

Monday, November 5th at 11:30am in the Spray room at the Bill Warren Training Centre.

10. Selection

Team selection will be made based on the process outlined in the [2018-2019 National Team Program](#). Athletes selected for tours will be notified by Monday, November 12th.

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11. Frozen Thunder Training

Training and racing during trials week (Nov 5-9) will be covered by race fees, although a Nordic Centre pass is always required. Please see Frozen Thunder use information [HERE](#) for training outside of trials week.

12. Logistics Information

CANMORE NORDIC CENTRE:

There is food service at the Day Lodge with hot and cold food for purchase. Pack a lunch or use the food service at the centre.

There are toilets and coin-operated showers in the wax room areas and the Day Lodge but you must bring your personal towels and supplies.

LOCATION:

<https://www.google.ca/maps/place/Canmore+Nordic+Centre/@51.0903395,-115.3877238,17z/data=!3m1!4b1!4m2!3m1!1s0x5370cf52096c28eb:0xf726180e425ae50?hl=en>

Calgary International Airport is 122 Km from the Canmore Nordic Centre. The new Ring Road (Stoney Trail) is the fastest way to get to and from the airport, avoiding numerous lights and traffic in Calgary.

All Car Rental agencies are available at the airport.

Driving time from Calgary is 1.3 hours in good weather on excellent four-lane highways
Vancouver to Canmore is 9 to 11 hours,
Edmonton to Canmore is 4.5 hours.

PARKING:

Please park only in designated areas. Parking will be at a premium during this event. We ask that the biathlon area be used as a drop off area for athletes and equipment only. Parking is available at the main lot by the Day Lodge and in the overflow lot. Teams with trailers may request a pass for the biathlon area if the trailer is going to be unhitched.

ACCOMMODATIONS:

Canmore offers a wide variety of hotels, condos, suites, vacation rentals and B&Bs.

Visit www.canmorealberta.com, <http://www.tourismcanmore.com> , or www.canmorehotels.com to see the local hotels and amenities available.

Basecamp Resorts www.basecampresorts.com/canmore Phone: 1-855-219-4707

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Rocky Mountain Ski Lodge <http://www.rockyski.ca> Toll Free: 1-800-665-6111 Phone: 1-403-678-5445

The Drake Inn <http://www.drakeinn.com/> Toll Free: 1-800-461-8730 Phone: 1-403-678-5131
downtown

Best Western Pocaterra Inn <http://www.pocaterrainn.com/> Toll free: 1-888-678-6786 Phone:
1-403-678-4334

Canmore Mountain Lodge <http://www.canmoremountainlodge.com/> Toll Free: 1-800-661-2133
Phone: 1-403-678-5488

Coast Hotel & Conference Center Canmore

<http://www.coasthotels.com/hotels/ab/canmore/coast-canmore-hotel-and-conference-centre/>

Toll Free: 1-800-716-6199 Phone: 1-403-678-3625