

United States Biathlon Association & Biathlon Canada  
Present  
**2019 North American Biathlon Cup Race #7**

February 1<sup>st</sup> – 3<sup>rd</sup>, 2019  
Ethan Allen Firing Range  
Jericho, Vermont

Hosted by

**Vermont National Guard**

**Ethan Allen Biathlon Club**

P.O. Box 174  
Jericho, Vermont 05465  
[eabiathlon@gmail.com](mailto:eabiathlon@gmail.com)



## **Welcome**

The Ethan Allen Biathlon Club and the Vermont National Guard invite you to attend the North American Biathlon Cup Race #7 at the Ethan Allen Firing Range in Jericho, Vermont on February 1<sup>st</sup> thru 3<sup>rd</sup>, 2019. The North American Biathlon Cup races are sponsored by United States Biathlon Association and Biathlon Canada.

Ethan Allen biathlon facilities were originally built to be a state of the art facility and remain one of the top biathlon centers in the United States. The facilities include a 30 point range, more than 18 kilometres of established trails, snow making, waxing huts, 6 kilometres of paved and lighted roller skiing, a large meeting building as well as toilet facilities, showers, and a kitchen, and a separate building at the finish line dedicated to timing operations. The range is located approximately 30 minutes from Burlington, Vermont, a beautiful city with a population of approximately 39,000 situated on the shore of Lake Champlain and the edge of the Green Mountains. The area is easily accessed by Burlington International Airport with regular connections to major airline hubs and can be reached from most of the Northeast by interstate highways. The area is known for its outstanding recreational activities.

## **Rules**

International Biathlon Union Event and Competition Rules will be in effect for this event, except as specifically modified by the Organizing Committee or Competition Jury. Any modifications to the rules will be discussed at the Team Captains Meeting. The organizing committee reserves the right to modify the parameters of the event based upon local conditions such as weather and trail availability.

## **Competition**

The competition will include official training on Thursday evening, a Sprint race on Friday night, unofficial training on Saturday and Pursuit style race on Sunday.

**Sprint Competition (Friday Night):** For all classes the Sprint competition will be conducted with a 30 second interval start, with starting order determined from a random draw.

*Men (22-29): 10 km, ps, 150 m penalty loop*

*Women (22-29): 7.5 km, ps, 150 m penalty loop*

*Junior Men (19-21): 10 km, ps, 150 m penalty loop*

*Junior Women (19-21): 7.5 km, ps, 150 m penalty loop*

*Youth Men (17/18): 7.5 km, ps, 150 m penalty loop*

*Youth Women (17/18): 6 km, ps, 150 m penalty loop*

*U17 (15/16): 6 km, ps, 150 m penalty loop*

*U15 (13/14): 4.5 km, pp, 75 m penalty loop*

*Master Men (30-39): 7.5 km, ps, 150 m penalty loop*

*Sr. Master Men (40-49): 7.5 km, ps, 150 m penalty loop*  
*Veteran Men (50-59): 7.5 km, ps, 150 m penalty loop*  
*Sr. Veteran Men (60-69): 7.5 km, ps, 150 m penalty loop*  
*Sr. Veteran Men II (70+): 6 km, ps, 150 m penalty loop*  
*Master Women (30-39): 6 km, ps, 150 m penalty loop*  
*Sr. Master Women (40-49): 6 km, ps, 150 m penalty loop*  
*Veteran Women (50-59): 6 km, ps, 150 m penalty loop*  
*Sr. Veteran Women (60-69): 6 km, ps, 150 m penalty loop*  
*Sr. Veteran Women II (70+): 6 km, ps, 150 m penalty loop*

**Pursuit Competition (Sunday):** For all classes, the Pursuit race will be conducted with a 5 second interval start, with starting order determined by the previous days Sprint competition result. Athletes who did not take part in the Sprint will be drawn randomly to determine starting order after the last qualified competitor in a given class. Results will not be normalized (i.e. first racer to cross the finish line is the winner).

*Men (22-29): 12.5 km, ppss, 150 m penalty loop*  
*Women (22-29): 10 km, ppss, 150 m penalty loop*  
*Junior Men (19-21): 12.5 km, ppss, 150 m penalty loop*  
*Junior Women (19-21): 10 km, ppss, 150 m penalty loop*  
*Youth Men (17/18): 10 km, ppss, 150 m penalty loop*  
*Youth Women (17/18): 7.5 km, ppss, 150 m penalty loop*  
*U17 (15/16): 7.5 km, ppss, 150 m penalty loop*  
*U15 (13/14): 6 km, pppp, 75 m penalty loop*  
*Master Men (30-39): 10 km, ppss, 150 m penalty loop*  
*Sr. Master Men (40-49): 10 km, ppss, 150 m penalty loop*  
*Veteran Men (50-59): 10 km, ppss, 150 m penalty loop*  
*Sr. Veteran Men (60-69): 10 km, ppss, 150 m penalty loop*  
*Sr. Veteran Men II (70+): 7.5 km, ppss, 150 m penalty loop*  
*Master Women (30-39): 7.5 km, ppss, 150 m penalty loop*  
*Sr. Master Women (40-49): 7.5 km, ppss, 150 m penalty loop*  
*Veteran Women (50-59): 7.5 km, ppss, 150 m penalty loop*  
*Sr. Veteran Women (60-69): 7.5 km, ppss, 150 m penalty loop*  
*Sr. Veteran Women II (70+): 7.5 km, ppss, 150 m penalty loop*

## **Schedule of Events**

The course will close 5 minutes before the start of the races and will not reopen until all competitors have completed the race.

### **Thursday, January 31, 2019 - Trials Race/Official Training**

Trials Race (open to Senior athletes attempting to qualify for IBU Cups) - Sprint. Coaches please submit entries to [jpmad2013@yahoo.com](mailto:jpmad2013@yahoo.com).

0845 to 1000 hrs: Equipment Control Open  
0900 to 0945 hrs: Zero (Men and Women)  
1000 hrs: Race Start, 30 second interval, Woman first

1730 to 1900 hrs: Official Training for NorAm (under the lights)

### **Friday, February 1, 2019 - Sprint Under the Lights**

1400 to 1600 hrs: Trails and range open for training  
1600 hrs: Team Captains Meeting  
1715 to 1830 hrs: Equipment Control open  
1730 to 1815 hrs: Zero (all classes)  
1830 hrs: Sprint Competition 30 second interval, Men first  
Awards immediately following Final Results

### **Saturday, February 2, 2019 - Unofficial Training**

1000 to 1200 hrs: Trails and range open for training  
1400 to 1600 hrs: Trails and range open for training

### **Sunday, February 3, 2019 - Pursuit Style**

0845 to 1000 hrs: Equipment Control open  
0900 to 0945 hrs: Zero (all classes)  
1000 hrs: Pursuit Competition 5 second interval, Women first Awards immediately following Final Results

## **Eligibility**

If correctly registered and entered by USBA Region or their Canadian Division any member of USBA or Biathlon Canada in good standing may participate in this event if they have a valid USBA or Biathlon Canada Competitor membership card. The competitors must be prepared to show their membership card for the current year at the event registration.

## **Team Captains Meeting**

There is one team Captains Meeting scheduled for this competition. It will be held at the Ethan Allen Firing Range, Walker Building at 1600 hrs on Friday, February 1<sup>st</sup>. Additional meetings may be scheduled as needed. Items to be covered at the meeting include modifications to the rules, election of jury. Start list will be posted on the EABC website ([www.eabiathlon.org](http://www.eabiathlon.org)) Friday morning for the Sprint. Bibs and start lists for each of the races will be available at the Walker Building 2 hours prior to the start of the race.

## **Awards**

Awards will be presented at the syrup/chocolate ceremony following each of the races, to the top three finishers in each of the competition classes. Awards will be presented in each of the master's categories as well.

### **Waxing Huts**

Waxing huts are available for teams on a first come/first serve basis and can be arranged at the competition office starting Thursday, February 1<sup>st</sup>.

### **Liability/Insurance Waiver**

Competitors shall be responsible for adequate insurance of participants. All participants must be appropriately insured against injuries, illness or possible damage of material. Neither the organizing committee, Ethan Allen Biathlon Club, Ethan Allen Firing Range, Vermont National Guard, the United States Biathlon Association, nor any sponsors or volunteers, shall be liable for personal and material damage. All competitors must sign a waiver and release of liability before using the facilities.

### **Registration and Fees**

The entry fee is \$30 for one race and \$60 for two races for all competitors as specified by the Biathlon North America hosting policy. Registration for this event closes on Wednesday, January 31<sup>st</sup>, 2019 at 2000 hrs. Pre registration is expected and should be received by that time. Participants may register at [SkiReg.com](http://SkiReg.com).

### **Driving Directions**

Interstate 89 is a toll free highway between Boston and Montreal. Route 7, a major north/south artery, links western Vermont with Massachusetts, New York and Quebec. Route 2 bisects Vermont westward to New York State and eastward to New Hampshire and Maine. Each of these major routes passes through Burlington, Vermont. Jericho and the Ethan Allen Firing Range are located approximately 15 miles (25km) northeast from the center of Burlington. From Burlington, Winooski or Williston, follow VT Rt. 2A or VT Rt. 15 to Essex Junction and then VT Rt. 15 to Jericho, then follow Lee River Rd. to Ethan Allen Firing Range.

Once at the base, pass through the entry gate and onto new pavement. You will need to show identification to enter the base. Take second right onto dirt road just past "Red House". Continue up the main road to the top of the hill (approximately 1 mile). Please obey the posted base speed limit of 25 mph. There are many army personnel walking on the roads as well as army vehicles. Anyone who is caught speeding will be asked to leave the base. They are serious about this!! Public transportation to the venue is not available.

[Google Map](#)

## **Lodging and Dining**

Limited lodging is available on base at a very reasonable rate on a first come first serve basis for a fee of \$10 per night. Must provide your own linens and bedding. For additional information and to reserve a bed, contact John Madigan at [jpmad2013@yahoo.com](mailto:jpmad2013@yahoo.com). Food is not available on the base

A wide selection of accommodations and dining are available in the Chittenden County, Burlington, Vermont area. Burlington is Vermont's largest city, located along the eastern shore of Lake Champlain. For information concerning lodging, please contact:

Lake Champlain Regional Chamber of Commerce  
60 Main Street Burlington, Vermont 05401  
Telephone 802 863 3489 Fax 802 863 1539

Or visit the Web at: <http://www.Vermont.org>

## **Contacts**

### **Ethan Allen Biathlon Club**

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