July Testival West Information:

Schedule: July 3-7

Monday, 3rd: Uphill run, Sulphur Mountain. 9:00am mass start.

<u>Tuesday</u>, 4th: Precision Test, Canmore Nordic Centre.

Group 1: 8:30am zero and test

Group 2: 10:00am zero and test

Wednesday 5th: Uphill Double Pole, Norquay. 9:00am individual start.

Thursday, 6th: National Team Test, Canmore Nordic Centre

Group 1: 8:30am zero and test

Group 2: 10:00am zero and test

Friday, 7th: Uphill Skate, Norquay. 9:00am individual start.

Registration: Email HPD - Roddy Ward @ <u>rward@biathloncanada.ca</u> with athletes name, DOB and binding requirement (NNN/SNS). Deadline June 27th no late entries will be accepted.

Requirements:

- 1) Athletes must be 18 years of age or older. Younger athletes (16+) <u>may be</u> accepted but must be approved by the HPD and the athlete's personal coach. These tests are very demanding and must be developmentally appropriate.
- 2) All athletes must be represented by their coach on each day to participate.
- 3) Test ski's will be used but are not guaranteed to each athlete. Priority for test skis will be to the Biathlon National Team and those athletes at or closest to a similar level of ability. Therefore, all athletes outside the National Team should bring a pair of their own skis in case test skis are not available.