



INVITATION

ATLANTIC CUP # 2 /

2017 NOVA SCOTIA

&

NOVA SCOTIA CADET

PROVINCIAL CHAMPIONSHIPS

20-21 JANUARY 2017

MARTOCK, NOVA SCOTIA



A MESSAGE OF WELCOME FROM BIATHLON NOVA SCOTIA

Dear Friends of Biathlon:

It is a distinct privilege to welcome you to Atlantic Cup # 2 and the Nova Scotia Championships taking place at Martock, NS 20-22 January 2017.

Martock hosted its first ever biathlon event in January 2010 in preparation for the 2011 Canada Winter Games. Since that first ambitious event, we have hosted Atlantic Cups, the Eastern Canadian Championship and of course the 2011 Canada Winter Games.

Please come and participate at the site of the 2011 Canada Winter Games and enjoy the hospitality of the Annapolis Valley region of Nova Scotia.

Yours in sport,

Jim Miller
Acting President
Biathlon Nova Scotia

WELCOME MESSAGE FROM THE ORGANIZING COMMITTEE

Dear Coaches and Athletes:

I wish to extend my warmest invitation to Atlantic Cup # 2, Nova Scotia and NS Cadet Provincial Championships at Martock, NS 20-22 January 2017. Please find enclosed all pertinent information for this event.

For the past couple of years we have hosted this event in partnership with the Region Cadet Support Unit (Atlantic) and offered concurrent competitions over this weekend. We are continuing to fine-tune the schedule to optimize this biathlon competition opportunity for all our competitors.

Please also note that Martock Nordic Ski Club will be running their cross country skiing programs on Saturday morning. Let's work cooperatively with this important local club.

Please come and join us for what is sure to be a great weekend of competition. We look forward to your participation in making this a truly successful event.

Kind Regards,

Murray Wylie
Chairperson
Organizing Committee

The Host Community:

The Town of Windsor will leave you with a lot of FIRST impressions. The great game of hockey was FIRST played in Windsor about the year 1800, on Long Pond by the boys of [King's College](#), Canada's FIRST College. In fact, Windsor is still a great sports town: [Ski Martock](#) and [Avon Valley Golf and Country Club](#) are just minutes away. You can play tennis, canoe Lake Pesaquid, swim in our outdoor pool, stroll our walking trails, or marvel at the world's highest tides.

Downtown, visit [Mermaid Theatre of Nova Scotia](#); The Hockey Centre; our waterfront; our shops, and Saturday's Farmers Market. Don't overlook the wonderful old homes that line our shady streets.

The Venue:

Windsor is home to some of the best skiing in Atlantic Canada with Martock. Open from early December to late March, Martock has facilities for downhill skiing, snowboarding, cross country skiing and of course biathlon.

The cross country and biathlon facility was completed in late autumn 2010 with 24 Kurvinen mechanical targets and the course consists of all the required lengths of trails and varying degrees of difficulty. For the downhill skiers and snowboarders the 600 foot mountain has seven trails with two trails ranked as easy for the beginners, and five trails more difficult for the more experienced. For the experts, in addition to the downhill trails there is also the park and half pipe for more daring adventures.

The average temperatures for the time of the event vary between minus 4 and minus 6 degrees Celsius. Even if Mother Nature does not want to provide enough snow to keep the trails at their best, Martock has snow making equipment throughout the Alpine and Nordic parks and grooming machines to keep everything open and safe.

The Organizers:

Biathlon Nova Scotia and the Region Cadet Support Unit (Atlantic) are the primary organizers for this event. They have an experienced pool of biathlon event organizers and officials. Much valuable experience was gained in the years leading up to the 2011 Canada Games. The Chiefs and Senior Organizers have experience at the Canada Winter Games and many have participated at national level events and even the Olympic Winter Games. Biathlon Nova Scotia has developed a partnership with the cadet program over the last number of seasons, with a common goal of growing the sport in Nova Scotia and broadening the biathlon officiating experience in Atlantic Canada.

Key Organizing Committee Appointments

Chairperson:	Murray Wylie
Competition Chief:	Don Prosser
Competition Secretary:	Shirley Neville
Chief of Course:	Daniel DesRoches
Chief of Range:	Maurice Chasse
Chief of Timing:	Pam Tracz
Chief of Stadium:	Colleen Thompson
Volunteer Coordinator:	Sara Chappell

Technical Delegate: **Jylene Ryan**

VOLUNTEERS

If you are interested in volunteering for this event please email mawylie@outlook.com. Include your availability, biathlon officiating experience and areas that you are interested in working. No previous biathlon officiating experience is required!

RULES

The 2016 IBU Event and Competition Rules, the most recent Biathlon Canada Hosting Policy for Canadian and Eastern Canadian Championships, and the Cadet Rules (CCMBCS) will be in effect for the event, except as specifically modified by this invitation.

Any competitor firing a .22 cal rifle must have a current Firearms Safety Course (FSC) and the applicable PO/A License. Carry and non-carry rules are in accordance with the Biathlon Canada Hosting Policy for the Canadian Championships and the Eastern and Western Canadian Championships. This does not apply to cadet competitors firing DND rifles.

ELIGIBILITY TO PARTICIPATE

All registered members of Biathlon Canada are eligible to participate in the classes as stipulated in this invitation.

Athletes will compete on the following courses:

- 1.5 Km **Orange**
- 2.0 Km **Red**
- 2.5 Km **Green**
- 3.3 Km **Blue**

CLASSES OF COMPETITORS AND TYPES OF COMPETITIONS

CLASS	AGE	SPRINT Distance – Shooting	PURSUIT Distance – Shooting
Men	21+	10km PS (BLUE)	12.5km PPSS (GREEN)
Junior Men	19/20	10km PS (BLUE)	12.5km PPSS (GREEN)
Youth Men	17/18	7.5km PS (GREEN)	10km PPSS (RED)
Women	21+	7.5km PS (GREEN)	10km PPSS (RED)
Junior Women	19/20	7.5km PS (GREEN)	10km PPSS (RED)
Youth Women	17/18	6km PS (RED)	7.5km PPSS (ORANGE)
The classes below do not carry rifles in competitions except for Masters classes who carry rifles by choice of the competitor, or who may conform with the Senior Boys/Girls procedure by choice. Special regulations apply to Senior Boys/Girls and Junior Boys/Girls and to non-carrying Masters.			
Senior Boys/Girls	15/16	6km PS (RED)	7.5km PPSS (ORANGE)
Junior Boys/Girls	14 & under	4.5km PP (ORANGE)	6km PPP (ORANGE)
*Master Men/Women	35+	6km PS (RED)	7.5km PPSS (ORANGE)
CADET CLASSES			
Youth Men	17/18	7.5km PS (GREEN)	10km PPSS (RED)
Youth Women	17/18	6km PS (RED)	7.5km PPSS (ORANGE)
Senior Boys	15/16	6km PS (RED)	7.5km PPSS (ORANGE)
Senior Girls	15/16	6km PS (RED)	7.5km PPSS (ORANGE)
Junior Boys/ Girls	14 & under	4.5km PP (ORANGE)	6km PPP (ORANGE)

*Refer to Annex A-1 of the Biathlon Canada Hosting Policy for further breakdown of the Masters Categories

NOTE: Course loops and distances may be adjusted depending upon the snow and weather conditions.

EVENT PROGRAM

Friday, January 20, 2017		
1400 – 1600	Arrivals / official training – all classes	Martock
1600	Entries due in the competition office	Technical Building
1600	Team Captains Meeting – non cadet classes	Technical Building
1900	*Team Captains Meeting – Shearwater	TBD
Saturday, January 21, 2017		
0845	Team Captains update	Technical Building
0900-1045	Official Training – all classes	Martock
1100-1145	Zeroing – all classes	Martock
1045	Equipment check opens – cadet classes	Martock
1145	Equipment check opens – non cadet classes	Martock
1200	Sprint competition starts – cadet classes	Martock
1315	Sprint competition starts – non cadet classes	Martock
~ 1515	Team Captains Meeting – non cadet classes	Technical Building
1530 – 1630	Official training – Pursuit – all classes	Martock
1730	Banquet – non cadet classes	Kings-Edgehill
2000	*Team Captains Meeting – Shearwater	TBD
Sunday, January 22, 2017		
0845	Team Captains update	Technical Building
0845	Equipment check opens – all classes	Martock
0900-0945	Zeroing – all classes	Martock
1000	Pursuit competition starts – non cadet classes	Martock
1115	Pursuit competition starts – cadet classes	Martock
1400	Medal presentation and departure	Stadium

NOTE:

1. The competition timings and configurations may change depending on participation numbers for the various classes of competitors.

EARLY/UNOFFICIAL/OFFICIAL TRAINING

Official training has been organized for Friday afternoon, Saturday morning and Saturday afternoon. The facility, course and range can be used for the normal trail/range fee of \$25 per day per person for 15 years old and under and \$30 per person per day for 16 years of age and older (includes \$5 range access fee).

COMPETITION OFFICE

The Competition Office will be located on the ground floor of the technical building located at the back of the biathlon stadium and will be open from 0900 to 1630 hrs from Friday to Sunday.

WAXING ROOMS

Limited waxing facilities are available on site.

TRAVEL AND ON-SITE TRANSPORT INFORMATION

The Organizers will not provide any travel or transport services for the participating teams. It is recommended that teams drive to the area in their own vehicles and then use them for local transport. However, the following information is provided so that teams can organize their own travel to the area and their transport to and from the hotels and the stadium.

Air

The Halifax International Airport is located approximately 1.5 hours from Windsor.

Train

The Via Rail train station is located in downtown Halifax, approximately 50 minutes from Windsor.

Via Rail Canada Inc, 1-888-842-7245

Vehicle Rentals

Enterprise 1-800-261-7331

Hertz 1-800-263-0600

Budget 1-800-268-8900

ACCOMMODATION AND MEALS

Athletes and coaches are responsible for arranging their own accommodation, including reservations, and meals during the event. Snack items and meals will be available for sale throughout at the Main Chalet / Lodge. There are a number of accommodations options in close proximity to Martock and most offer a preferred rate for Martock patrons.

Event Banquet with Awards Presentation

A banquet will be held on Saturday, 21 January at 5:30 p.m. at King's-Edgehill School, 33 King's-Edgehill Lane, Windsor. Presentation of awards for Saturday's competitions will be held during the evening. The cost for the banquet will be \$20 per person, including athletes, parents, coaches, supporters, officials and anyone else who wishes to attend the banquet. **Please register and pay for the banquet on Zone 4.**

AWARDS

Separate medals will be presented for the Atlantic Cup, the NS Championships, and the NS Cadet Provincials. For four or more participants in a class, gold, silver and bronze medals will be awarded, for a three competitor class – gold and silver, and for a two competitor class only the gold medal will be awarded in accordance with the Canadian Hosting Policy. Only members of Biathlon NS will be eligible for the NS Championships medals. Only competitors who are full members of their division (Non - Recreational Athletes) will be eligible for the Atlantic Cup medals.

Only those athletes that have been selected to compete at the Cadet Provincial Championships may compete under the Cadet rules. Cadet participants that are also members of Biathlon Nova Scotia may choose to compete under IBU rules in order to qualify for Atlantic Cup or NS Championship Medals. These times will be used towards cadet individual and team awards. Cadets that are members of Biathlon Nova Scotia and choose to participate under IBU rules will not be charged an additional fee.

REGISTRATIONS AND FEES

All registrations will be done via Zone 4 under AC#2 and 2017 NS Championships and need to be completed beginning from Monday, 26 December 2016 and not later than Saturday, 14 January 2017. The fee for athlete's participation will be: one competition \$50, two competitions \$75. The registration fee does not include the banquet. **Please note all fees are to be paid through Zone 4.**

Teams are requested to give approximate numbers as soon as possible.

ENTRIES

Entries for the Sprint competitions must be submitted to the Competition Office no later than 1200 hrs, Friday 20 January 2017. **If the arrival of the team is too late, entries will be made, and drawn, based on the registrations by name.** Entries do not have to be made for the Pursuit competitions but teams are requested to notify the Competition Office if someone will **not** be starting in the Pursuit.

Trail and Range Fees – Early Training Only

Trail and range fees for early training (before Friday), which are charged by Martock are payable at the main chalet as follows:

- 16 and older - \$30 (\$25 + \$5) per day per person
- 15 and younger – \$25 (\$20 + \$5) per day per person

Biathlon NS Contact Information

Murray Wylie

Email: mawylie@outlook.com

Facebook: <https://www.facebook.com/biathlonns/?ref=bookmarks>

ATTACHMENTS

A. Martock and Windsor Area Map

B. Nordic Park Site Layout

C. Stadium Maps

Annex A – Martock & Windsor Area Map

12/21/11



Ski Martock, Ski Martock Road, NS - Google Maps

Ski Martock, Ski Martock Road, NS

Annex B - Martock Area Map

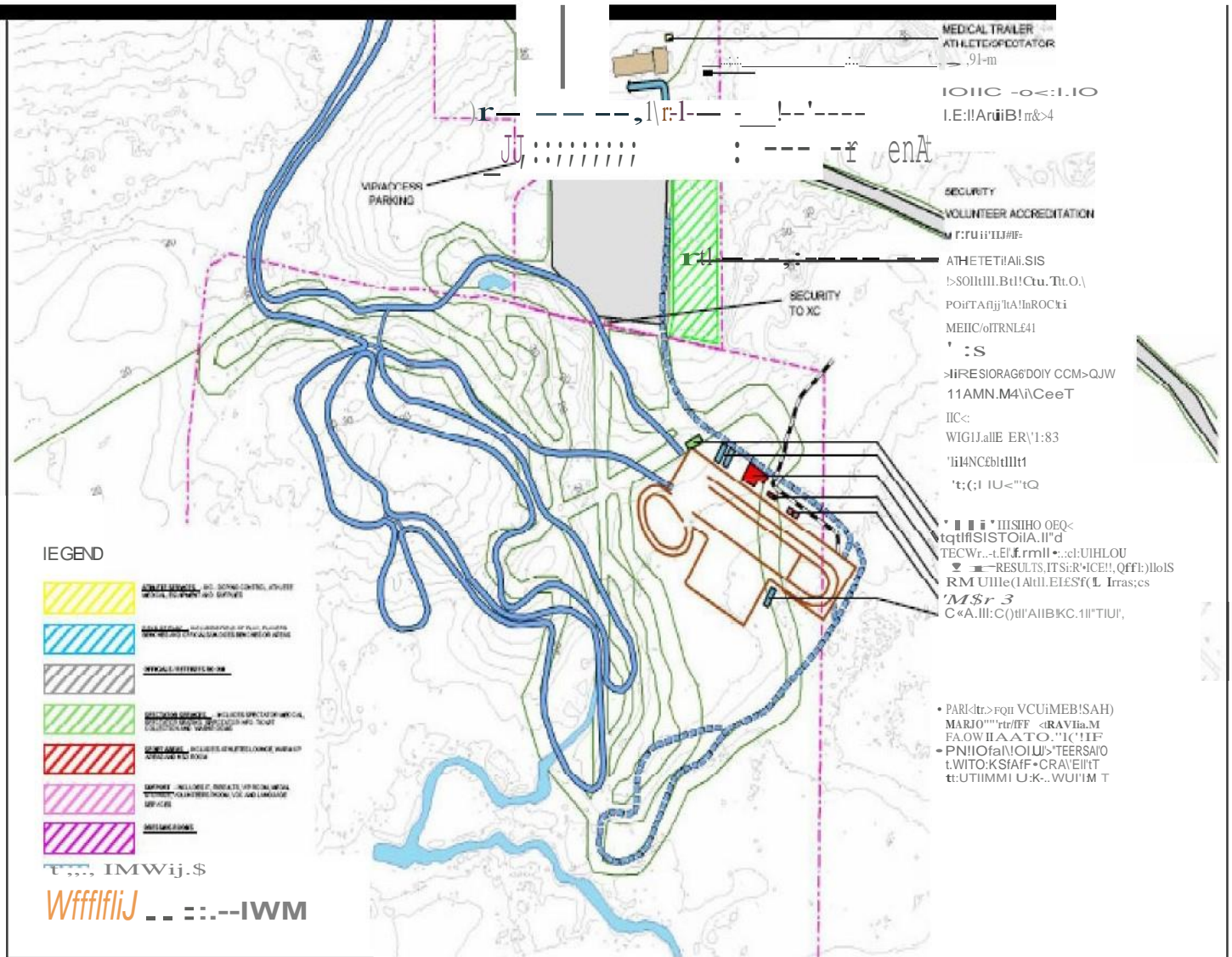
A. Ski Martock

370 Ski Martock Road, Windsor, NS B0N 2T0
(902) 798-9501

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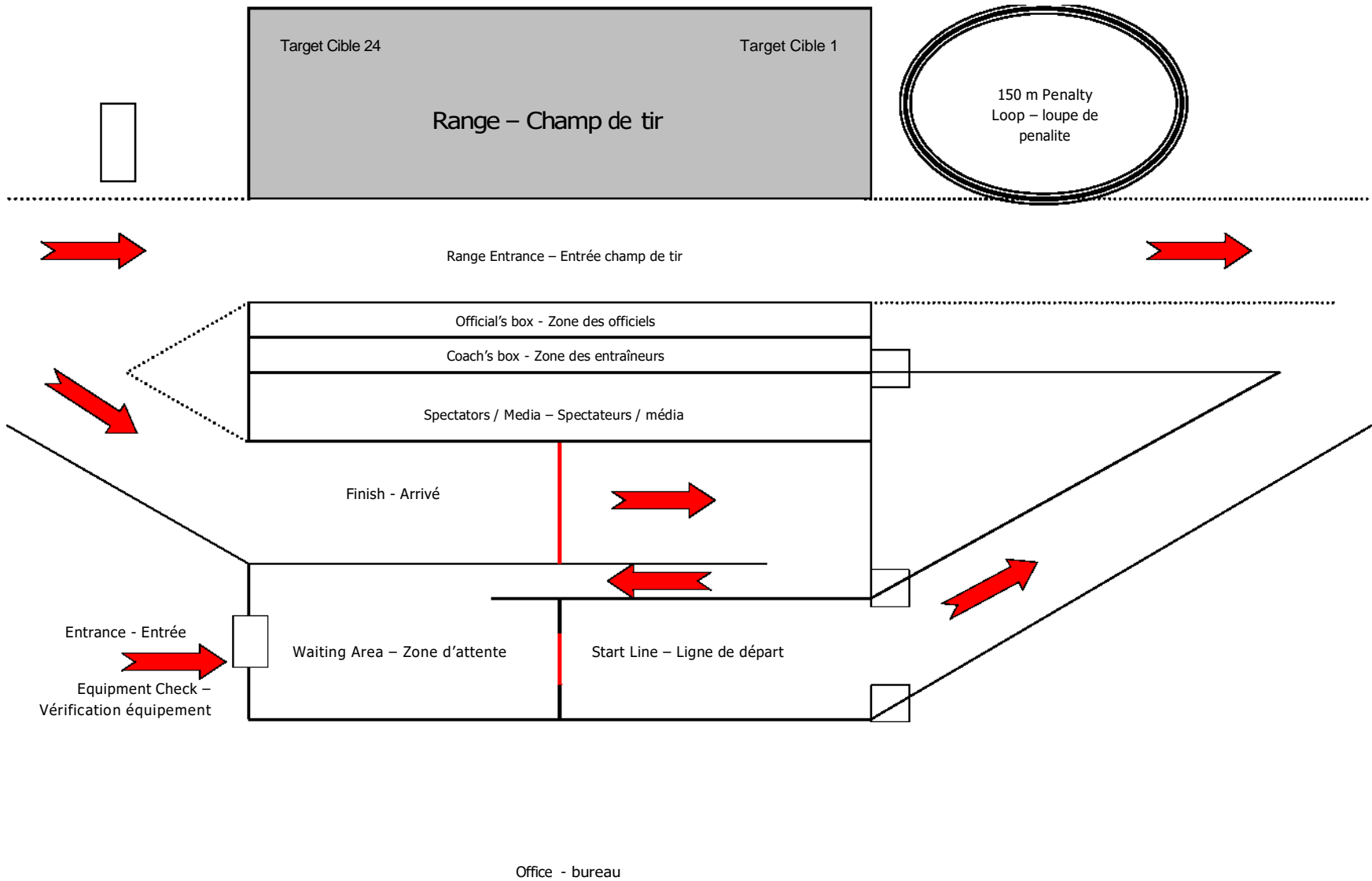


Annex B- Nordic Park Site Layout



Annex C – Stadium Maps

Sprint – Individual



Annex C –Stadium Maps (continued)

Pursuit Start

