



**EVENT INVITATION**  
**Eastern Canadian Championships**  
**Québec Cup # 5**

**24 to 26 FEBRUARY 2017**

**Hosted by:**



**Myriam-Bédard Biathlon Centre**  
**Valcartier Garrison**

## OFFICIAL INVITATION FOR TEAMS

### LOCATION

#### Myriam-Bédard Biathlon Centre – VALCARTIER GARRISON

The Myriam-Bédard Biathlon Centre (MBBC) is located within the recreational area of the Valcartier military garrison. Only 29 km separates downtown Quebec City from the garrison. The course map to be used for the competitions will be available upon competitors' arrival at the venue. The complete course may be seen on the Club Biathlon Courcelette's website at [www.biathloncourcelette.com](http://www.biathloncourcelette.com). See attached map at the end of this document.

Lowest point on the course	173 m
Highest point on the course	286 m

#### Access to Valcartier Garrison

To access the Valcartier Garrison, from the Trans-Canada (Highway 20), the Pierre-Laporte Bridge must be taken, followed by highways 73 North, 573 North and 369 North. From the Jean-Lesage International Airport, the attached map provides directions to Valcartier.

### ORGANIZING COMMITTEE

Chairperson	Paule Plamondon	Club Biathlon Courcelette
Competition Chief	Michel Gasseau	National TD
Chief of Timing	Normand Gonthier	International Referee
Chief of Course	Charles Maillet	Advanced Official
Chief of Stadium	Denis Huot	Leader
Chief of Shooting Range	Marcel Gendron	Advanced Official
Competition Secretary	Andrée Martel	Leader
Volunteer Coordinator	Paule Plamondon	Advanced Official

#### Point of contact

Michel Gasseau	<a href="mailto:michelgasseau@hotmail.com">michelgasseau@hotmail.com</a>	Home Phone: 418 455-3537
Andrée Martel	<a href="mailto:andree-martel@videotron.ca">andree-martel@videotron.ca</a>	

### COMPETITION INFORMATION

**Technical Delegate:** Jean-Guy Levesque

#### Competition Jury

Chairman	Jean-Guy Levesque	Technical Delegate
Member	Michel Gasseau	Chief of competition
Other members	3 x Team Captain elected during the first Team Captain meeting held on 24 February 2017 at 20:00 hrs.	

#### Jury of Appeal

In accordance with Biathlon Canada's Hosting Policy.

## Rules

The event will be conducted in accordance with the following rules and regulations:

- ◆ IBU Event and Competition Rules, from Congress 2016.
- ◆ Canadian Hosting Policy dated 30 April 2016.
- ◆ Range procedure for athletes not carrying the rifle: see Biathlon Canada Hosting Policy, Annex A-3, April 2016.
- ◆ Fédération québécoise de biathlon (FQB) Event Hosting Policy amended in August 2016.

## Sanctioning

The 2016-2017 competitions are sanctioned by Biathlon Canada and the FQB and are covered by their insurances.

## Event Programme

Day	Time	Description
Friday, 24 February 2017	09:00 – 18:45 14:00 – 16:00 19:00 20:00	Team arrivals Official training at MBBC Competition office opens Team Captains meeting at MBBC
Saturday, 25 February 2017	10:00 – 10:45 11:00:30 12:30 – 13:15 14:00:30 16:30 20:00	Zeroing .22 First start .22 – Sprint Zeroing for Air Rifle Classes First start Air Rifle Classes – Sprint Team Captains meeting (TBC) Medals ceremonies - FQB official reception
Sunday, 26 February 2017	09:00 – 09:45 10:00 12:00 – 12:45 13:30 15:00	Zeroing .22 First Start .22 – Pursuit Zeroing air rifle First Start air Rifle – Pursuit Medal Presentation

## Eligibility

If correctly registered and entered by their Division, any Registered Participant of Biathlon Canada, who has declared himself to be a Competitor and who is in good standing, may compete in this event. Athletes from the USA may compete only if they are a member in good standing of the United States Biathlon Association (USBA).

Athletes from the Competitive Classes who use the .22 rifle are eligible to Championships medals. Competitors may compete only one Class higher in level of physical challenge than their age-determined Competitor Class.

**Québec Cup:** to participate in the Quebec Cup, any competitor from the Quebec Division must be a member of Biathlon Canada or have subscribed to a one-day pass. The competitor must also comply with the Canadian Firearms Safety Act if they use a small-bore rifle (.22 caliber).

FQB Competitive Class competitors may accumulate Quebec Cup points for their standing at this event.

## Medals

Eastern Canadian Championships medals will be awarded to the top three athletes from each open Competitive Class. Quebec Cup medals will be awarded to the top three athletes from each other open category. Medals for the Saturday February 25<sup>th</sup> competitions will be awarded in the evening at the FQB Banquet.

## Protest

Protests must be submitted in writing to the Competition Secretary, in accordance with the IBU Event and Competition Rules. A \$25 deposit will be requested. The deposit will be returned if the protest is not upheld by the Competition Jury. The Protest forms are available from the Competition Office.

## Classes of competitors and competitions

The full schedule of events will be confirmed Wednesday, February 22, 2017 on the website of Club Biathlon Courcelette at [www.biathloncourcelette.com](http://www.biathloncourcelette.com)

CLASSES OF COMPETITORS Eastern Canadian Championships and QUEBEC CUP 2016 - 2017				
COMPETITIVE				
.22 Caliber	SPRINT (February, 25)		PURSUIT (February, 26)	
	Distance	Shooting	Distance	Shooting
Master Men 35 +	6 km	PS	7.5 km	PPSS
Men 21 +	10 km	PS	12.5 km	PPSS
Junior Men 19-20	10 km	PS	12.5 km	PPSS
Youth Men 17-18	7.5 km	PS	10 km	PPSS
Senior Boys 15-16	6 km	PS	7.5 km	PPSS
Master Women 35 +	6 km	PS	7.5 km	PPSS
Women 21 +	7.5 km	PS	10 km	PPSS
Junior Women 19-20	7.5 km	PS	10 km	PPSS
Youth Women 17-18	6 km	PS	7.5 km	PPSS
Senior Girls 15-16	6 km	PS	7.5 km	PPSS
Air rifle (.177)	SPRINT		PURSUIT	
	Distance	Shooting	Distance	Shooting
Junior Boys and Girls 13-14	4.5 km	PP	4 km	PPP

PARTICIPATIVE				
.22 Caliber	SPRINT (February, 25)		PURSUIT (February, 26)	
	Distance	Shooting	Distance	Shooting
Cadet 12-14	4,5 km	PP	4 km	PPP
Air rifle (.177)	SPRINT		PURSUIT	
	Distance	Shooting	Distance	Shooting
Young Boys 11-12	4.5 km	PP	4 km	PPP
Young Girls 11-12	4.5 km	PP	4 km	PPP
Beginner Boys 9-10	3 km	PP	4 km	PPP
Beginner Girls 9-10	3 km	PP	4 km	PPP
Initiation Boys 8	2.25 km	PP	3 km	PPP
Initiation Girls 8	2.25 km	PP	3 km	PPP

**Note:** There will be no penalty loop for Initiation Boys and Girls Classes (8 years). A time penalty of 20 seconds will be added as a penalty for each missed target.

### Remarks

The Organizing Committee may modify the start times on the day of a competition due to weather conditions. In the event of a cancellation on the day of the competition (Competition Jury decision), there will be no refunds due to the need to cover expenses.

**Air Rifle Classes:** these competitors do not carry the rifle during the competition. All shooting is performed in the prone position.

**Senior Boys and Girls Classes:** athletes will not carry a .22 caliber rifle during the competition, but will take possession at the entrance of the shooting range and leave it on the rack at the exit of the range, according to the Biathlon Canada Policy.

**Cadets:** For cadets (12 - 18 years) competing in the Participative Category using the .22 calibre rifles, the latter will be placed on the shooting lane mat by their respective coach. Competition results from this class do not count in the ranking of the Quebec Cup series.

### Registration

Registration for this event must be carried out online with **Zone 4**, through the FQB website at ([www.fqb.quebec](http://www.fqb.quebec)). The site describes in detail the process to be followed.

<b>Registration Fee for Canadian and American athletes (CAD)</b>		
<b>Classes</b>	<b>1 Competition</b>	<b>2 Competitions</b>
<b>Senior</b> (Men/Women)	\$40.00	\$60.00
<b>Junior</b> (Men/Women)	\$40.00	\$60.00
<b>Master</b> (Men/Women)	\$40.00	\$60.00
<b>Youth</b> (Men/Women)	\$40.00	\$60.00
<b>Senior</b> (Boys/Girls)	\$30.00	\$50.00
<b>Junior</b> (Boys/Girls) 13-14	\$25.00	\$40.00
<b>Boys/Girls</b> (8-12)	\$20.00	\$30.00
<b>Recreational athlete</b>	\$20.00	\$30.00
One-day pass (not a member of a club sanctioned by Biathlon Canada)	\$ 5.00	\$10.00

The deadline for registration is **Monday, February 20, 2017, at 23:59**. After this date, penalties will be required for each day of delay according to the following table:

<b>Day</b>	<b>1 competition</b>	<b>2 competitions</b>
Tuesday before 23:59	5,00	10,00
Wednesday before 23:59	10,00	20,00
Thursday before 23:59	15,00	30,00
Friday before 14:00	20,00	40,00
Friday 16:00 and after	25,00	50,00

### **Order of start and start time for each competition**

The starting order of the different classes will be determined based on the distances, number of registered competitors and trail conditions. The event Competition Committee and the TD will set the starting order of the participating classes. The start time of each class will be sent to Divisions on Wednesday, February 22<sup>nd</sup>.

If the venue is not able to hold the event, the clubs and Divisions will be notified by the Organizing Committee on Wednesday, February 22<sup>th</sup>, 2017.

### **FQB Award Banquet**

The Quebec Biathlon Federation will hold its Annual Award Banquet on February 25<sup>th</sup>, starting at 18:30 hrs, from the Centre Castor located within the Valcartier Garrison limits. Registration to this activity will be carried out online using Zone 4.

### **LOGISTICS Lodging**

A list of recommended hotels located in the area follows:

**Hôtels Jaro:** 6 hotels in Quebec City. [www.hotelsjaro.com](http://www.hotelsjaro.com)

**Best Western Premier – Hôtel l’Aristocrate:** 3100 chemin Saint-Louis, Québec, QC G1W 1R8, 418 653-2841

**Grand Times Hotel :** 6515, blvd. Wilfrid-Hamel, Québec, QC, G2E 5W3  
<http://www.timeshotel.ca/fr/contact.htm> [reservation@timeshotel.ca](mailto:reservation@timeshotel.ca)

**Hôtels et Suites Normandin : 2 hôtels in Québec City.** [www.hotelnormandin.com](http://www.hotelnormandin.com)  
Information : [info@hotelnormandin.com](mailto:info@hotelnormandin.com)

**Auberge La Seigneurie de la Valcartier :** 53, 5th Avenue, St-Gabriel-de-Valcartier, G0A 4S0. [www.laseigneurie.com](http://www.laseigneurie.com), 418 844 3166, 1 877 264 3166

**Quebec City Tourism Bureau:** <http://www.quebecregion.com/fr/hotels/>

## Meals

Meals are available at the Base main kitchen (Bldg. 505) of Valcartier Garrison. Meal tickets are sold at the kitchen’s entrance. Appropriate dress must be worn at all times (no track suit).

The Quebec City region has a wide variety of restaurants located near the Valcartier Garrison and in all areas of the city.

## Available facilities at the venue:

- Technical building: Competition Office, timing, competition jury room.
- Wax cabins (3 m x 6 m, heated).
- Toilets.
- Free parking space.

## Target system

The Myriam-Bédard Biathlon Centre is equipped with 30 Devon mechanical targets.

## Course and Stadium

The biathlon course includes a 4 km, 3.3 km, 3 km, 2.5 km, 2 km and 1 km trails, with a 1.4 km warm-up loop. Please find course maps, stadium description and information at [www.biathloncourselette.com](http://www.biathloncourselette.com)

## Wax Cabins

Waxing cabins are available on the CBMB at the cost of \$60 each. Rifles and skis can be stored in the biathlon center. Waxing is only permitted in the assigned team wax cabin. The key will be available from the Competition Office located in the main building. The sum of \$20 will be returned to each team upon the return of the waxing cabin key to the Competition Secretary.

## Early arrivals

Participants who wish to arrive a few days in advance of the event may do so. A cost of \$100 per day per club will be charged to provide access to a wax cabin and ski trails before Friday, February 24<sup>th</sup>. To also have access to the shooting range, arrangements must be taken with the Organizing Committee in order to find a qualified and available person to supervise the shooting (Range Safety Officer). Strict range procedures must be followed since the biathlon shooting range is located on a military facility.

## Import of rifles and ammunition

Competitors may import rifles and ammunition to Canada provided they declare these items upon crossing the border to the Canada Customs Officer. Athletes who bring firearms into Canada must therefore complete a copy of the Non-Resident Firearm Declaration. The form must be provide to the Canada Border Services Agency (or to a customs officer) upon entry into Canada.

The form may be found on the internet at the following address:

<http://www.rcmp-grc.gc.ca/cfp-pcaf/form-formulaire/pdfs/5589-eng.pdf>

## Course map

A trail map of the course in Valcartier is available from the FQB's website. ([www.fqb.quebec](http://www.fqb.quebec))





## Directions - Jean-Lesage International Airport to Valcartier Garrison

