

COMPETITIVE COACHING STREAM

| | Competition Introduction | Competition Development | Level 4/5 |
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| Type of Coach | Head Coach for a competitive local or regional club program | Head Coach for a Divisional program, Assistant Coach to the National program or Canada Games Coach | National Team Training Centre Coach, Divisional Head Coach, National Team Coach (Level 5) |
| Prerequisites | <ul style="list-style-type: none"> ✓ Membership ✓ Some coaching experience recommended ✓ Hold the Canadian Firearm Safety Course certification or equivalent Canadian Forces certification | <ul style="list-style-type: none"> ✓ Membership ✓ Certified Competition Introduction ✓ Multi-sport modules: <ul style="list-style-type: none"> • Developing Athletic Abilities • Psychology of Performance • Prevention & Recovery ✓ Hold the Canadian Firearm Safety Course certification or equivalent Canadian Forces certification | <ul style="list-style-type: none"> ✓ Membership ✓ Level 3 or Competition Development Certification ✓ Approval from National Office |
| Materials | <ul style="list-style-type: none"> • Competition Introduction Workbook Part 1 and 2: In Class/On Snow * Evaluation package • Technical Manual • LTADM (volume 1, 2, & 3) • Shooting Cookbook • Biathlon Canada Handbook (IBU Rule Book)* • Ski Technique DVD* • Waxing DVD* • Technical CD* | <ul style="list-style-type: none"> • Technical Manual and other materials used in Competition Introduction • LF will produce other materials | <ul style="list-style-type: none"> • Technical Manual • Other materials will be produced |

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| | * optional | | |
| How to become "TRAINED" | <ul style="list-style-type: none"> • Competition Introduction 1: Dry-land Workshop (16 hours) • Competition Introduction 2: On-Snow Workshop (16 hours) • Multi-Sport Introduction to Competition Part A & B (20 hours) | <ul style="list-style-type: none"> • Biathlon Competition Development Workshop (44 hours) • Multi-sport Training and Online Evaluations <ul style="list-style-type: none"> - Make Ethical Decisions- Competition Development - Managing Conflict - Leading a Drug Free Sport - Coaching & Leading Effectively | <ul style="list-style-type: none"> • Begin taking Level 4/5 tasks |
| How to become "CERTIFIED" | <p>Evaluation</p> <ul style="list-style-type: none"> ✓ Completed portfolio to be sent to evaluator ✓ Completed evaluation package (forms A-F) to be sent to Biathlon Canada ✓ Copy of the Canadian Firearm Safety Course certification or equivalent Canadian Forces certification to be sent to Evaluator ✓ Make Ethical Decisions online evaluation- Comp-Int | <p>Evaluation</p> <ul style="list-style-type: none"> ✓ Portfolio Requirements <ul style="list-style-type: none"> • YTP/ Mesocycle/ Microcycle/ Practice Plans • Analyze Skiing • Analyze Shooting • Tactics Assignment • Sport Program & Budget • Selection or Identification Policy • Season End Analysis • Plan a Competitive Tour • Skip Prep • Rifle Fit ✓ Direct Observation In-Training and In-Competition for CEIA (Coach Effectiveness Inventory Assessment) <ul style="list-style-type: none"> • All intervention based evidences • All leadership based evidences | <p>Level 4:</p> <ul style="list-style-type: none"> ✓ Complete 12 tasks (must include # 9 & #12) <p>Level 5:</p> <ul style="list-style-type: none"> ✓ Complete all 21 tasks |

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| | | <ul style="list-style-type: none"> • Minimum requirement 70% | |
| LF Pathway | Prerequisites: <ul style="list-style-type: none"> • CERTIFIED as one of the following: <ul style="list-style-type: none"> * Competition Introduction Coach for at least 2 years * Competition Development Coach • NSO Approved • Biathlon Learning Facilitator/Evaluator Training (8 hours) • Competition Introduction Learning Facilitator/Evaluator Mentorship <ul style="list-style-type: none"> - Co-Facilitate Competition Introduction 1: Dry-Land & Competition Introduction 2: On-Snow Workshops | Prerequisites: <ul style="list-style-type: none"> • CERTIFIED as one of the following: <ul style="list-style-type: none"> * Competition Development Coach for at least 2 years * Level 4 • NSO Approved • Membership • Biathlon Learning Facilitator/Evaluator Training (8 hours) • Competition Development Learning Facilitator/Evaluator Mentorship <ul style="list-style-type: none"> - Co-Facilitate Comp-Dev Workshop | |