

Pathways for Introduction to Competition (Comp-Int) Coaches and Comp-Int Learning Facilitator/Evaluators

Coach for a Competitive Club/Team attending Divisional Championships and/or Eastern/Western Canadian Championships

Prerequisites for Competition Introduction Course

- Current Biathlon Canada Registration (mandatory)

Recommended for Competition Introduction Course

- Certified Community Coach Gold or Certified Level 1 Biathlon or Former National Team
- Firearms Safety Course

Multisport Comp-Int

Part A (~12 hours)

- Make Ethical Decisions
- Plan a Practice
- Nutrition

Multisport Comp-Int

Part B (~14 hours)

- Design a Basic Sport Program
- Teaching and Learning
- Basic Mental Skills

Comp-Int Dry-Land Workshop (16 hours)

- Yearly Program Design
- Create the Training Environment
- Support the Athlete in Training (shooting)

Comp-Int On-Snow Workshop (16 hours)

- Support the Athlete in Training - Skiing
- Analyze Technique - Skiing and Shooting
- Support the Competitive Experience
- Optimal Performance and Safety of Equipment
- Waxing Skills

Competition Introduction Coach Trained

Evaluation

- Portfolio includes:
 - Completed Assessment Forms
 - Coach profile and Self Assessment
 - Emergency Action Plan
 - Seasonal Plan
 - Practice Plan for direct observation
 - Analyze Skiing Performance
 - Analyze Shooting Performance
- Proof of Biathlon Canada membership
- Copy of Firearms Safety Course Certificate
- Make Ethical Decisions Online Competition Introduction evaluation
- Coach Debrief/Action Plan with Evaluator(s)
- Evaluator sends a completed copy of evaluation tracking form to Biathlon Canada

Competition Introduction Coach Certified

Prerequisites to become a Competition Introduction Learning Facilitator/Evaluator

- Certified Competition Introduction Coach for at least 2 years or Certified Competition Development Coach or Certified Level 3 Coach
- Current Member of Biathlon Canada

Biathlon Learning Facilitator/Evaluator Training (8 hrs)

Competition Introduction Learning Facilitator/Evaluator Mentorship

- Co-Facilitate both Comp-Int workshops

Competition Introduction Learning Facilitator/Evaluator Certified