

Biathlon Canada Competition Coaching Program Overview

Para-Biathlon is available through Cross Country Canada's Para-Nordic programming for athletes with a disability. We encourage you to visit [here](#) for more information. Their Para-Nordic program is accessible to all ages and abilities either individually or in a group setting.

	Competition Introduction (Comp-Int) Coach	Competition Development (Comp-Dev) Coach	Competition Introduction Learning Facilitator/ Evaluator (LF/E) (Comp-Int LF/E)	Competition Development Learning Facilitator/ Evaluator (LF/E) (Comp-Dev LF/E)	Master Learning Facilitator/Evaluator (MLF/ME) for Competition Introduction & Competition Development
Target Group	Head Coach for a competitive local or regional club program	Head Coach for a Divisional program, Assistant Coach for National program or Canada Games Coach	Experienced Competition-Introduction Coach	Experienced Competition Development Coach	Experienced Competition Introduction/Competition Development LF/E
Target Athletes	Learn to Train/ Train to Train	Train to Train/ Train to Compete	N/A	N/A	N/A
Who is responsible for running a course?	Division/Club	Biathlon Canada	Biathlon Canada	Biathlon Canada	Biathlon Canada
Who acts as a Learning Facilitator to train this coach?	Competition Introduction LF/E	Competition Development LF/E	Competition Introduction MLF/ME	Competition Development MLF/ME	Biathlon Canada appointed
Learning Facilitator Responsibilities	<ul style="list-style-type: none"> • Submit CRF to Biathlon Canada • Produce additional materials not in the Competition Introduction package • Ensure all Competition Introduction candidates are members of Biathlon Canada 	<ul style="list-style-type: none"> • Submit CRF to Biathlon Canada • Produce any additional materials not in the Competition Development package • Ensure all Competition Development candidates are members of Biathlon Canada • Ensure all candidates hold the Canadian Firearm Safety Course certification or equivalent Canadian Forces certification • Ensure all candidates have completed the Competition Introduction certification 	<ul style="list-style-type: none"> • Submit CRF to Biathlon Canada • Produce any additional materials not in the Competition Introduction/Competition Development package • Ensure all candidates have Competition Introduction Certification for at least 2 years • Ensure all candidates are members of Biathlon Canada 	<ul style="list-style-type: none"> • Submit CRF to Biathlon Canada • Produce any additional materials not in the Competition Introduction/Competition Development package • Ensure all candidates have Competition Development Certification for at least 2 years • Ensure all candidates are members of Biathlon Canada 	N/A

		<ul style="list-style-type: none"> • Ensure all candidates have completed the multi-sport modules: <ul style="list-style-type: none"> - Developing Athletic Abilities - Psychology of Performance - Prevention and Recovery 			
Club/Division Responsibilities	<ul style="list-style-type: none"> • Communication with LF • Recruitment of candidates • Ordering course materials and collecting fees • Arranging course logistics • Ensure all Competition Introduction coaches working with the club/division are members of Biathlon Canada 	<ul style="list-style-type: none"> • Submit recommendations to Biathlon Canada 	<ul style="list-style-type: none"> • Submit recommendations to Biathlon Canada 	<ul style="list-style-type: none"> • Submit recommendations to Biathlon Canada 	<ul style="list-style-type: none"> • Submit recommendations to Biathlon Canada
Biathlon Canada Responsibilities	<ul style="list-style-type: none"> • Process CRF • Send CRF to CAC • Email new Competition Introduction coaches to thank them for their participation and encourage them about next available steps • Tracking Card 	<ul style="list-style-type: none"> • Communication with LF • Recruitment of candidates • Ordering course materials and collecting fees • Arranging course logistics • Ensure all Competition Development coaches working with the club/division are members of Biathlon Canada • Process CRF • Send CRF to CAC 	<ul style="list-style-type: none"> • Maintain a list of Competition Introduction LF/E • Process CRF • Send CRF to CAC • Email new Competition Introduction LF/E to thank them for their participation and remind them about next steps 	<ul style="list-style-type: none"> • Maintain a list of Competition Development LF/E • Process CRF • Send CRF to CAC • Email new Competition Development LF/E to thank them for their participation and remind them about next steps • Ensure the LF/E has valid Canadian Firearm Safety Course certification or equivalent Canadian 	<ul style="list-style-type: none"> • Maintain a list of Competition Introduction/ Competition Development MLF/ME • Appoint Competition Introduction/ Competition Development MLF/ME • Ensure MLF/ME has valid Possession/Acquisition license or military equivalent

		<ul style="list-style-type: none"> Email new Community Competition Development coaches to thank them for their participation and encourage them about next available steps Tracking Card 		Forces certification	
Prerequisites for Coach Candidate	<ul style="list-style-type: none"> Some experience in biathlon or coaching Biathlon Canada membership 	<ul style="list-style-type: none"> Certified Competition Introduction Multi-Sport Modules: <ul style="list-style-type: none"> Developing Athletic Abilities Psychology of Performance Prevention and Recovery Hold the Canadian Firearm Safety Course certification or equivalent Canadian Forces certification Biathlon Canada membership 	<ul style="list-style-type: none"> Certified Competition Introduction coach for at least 2 years or certified Competition Development coach Approved by Biathlon Canada Biathlon Canada membership 	<ul style="list-style-type: none"> Certified Competition Development coach for at least 2 years or certified Level 4 coach Approved by Biathlon Canada Biathlon Canada membership 	<ul style="list-style-type: none"> At least two years experience as a Competition Introduction/ Competition Development LF/E Valid Possession/ Acquisition license or military equivalent Biathlon Canada membership
Materials required by Coach Candidate	<ul style="list-style-type: none"> Competition Introduction Workbook Part 1 & 2: In Class/On-Snow and Evaluation Package Technical Manual LTADM (volume 1, 2 &3) Shooting cookbook Biathlon Canada Handbook Ski Technique DVD Waxing video Equipment including rifle and ammunition, skis/roller skis 	<ul style="list-style-type: none"> Technical Manual and other materials used in Competition Introduction Additional materials produced by LF Equipment including rifle and ammunition, skis/roller skis 	<ul style="list-style-type: none"> Competition Introduction course materials Competition Introduction LF/E Guide 	<ul style="list-style-type: none"> Competition Development course materials Competition Development LF/E Guide 	<ul style="list-style-type: none"> Competition Introduction/ Competition Development course materials Competition Introduction/ Competition Development MLF/ME Guide

Materials required by the Learning Facilitator to run the course	<ul style="list-style-type: none"> • LF will print additional reference materials • All materials from the Competition Introduction course • LF/E Guide and CD 	<ul style="list-style-type: none"> • LF will print additional reference materials • All materials from the Competition Development course • LF/E Guide and CD 	<ul style="list-style-type: none"> • All materials from the Competition Introduction course • LF/E Guide and CD • Any new reference materials or updated information 	<ul style="list-style-type: none"> • All materials from the Competition Development course • LF/E Guide and CD • Any new reference materials or updated information 	<ul style="list-style-type: none"> • All materials from Competition Introduction/ Competition Development LF/E Course • MLF/ME Guide and CD • Any new reference materials or updated information
How to maintain certification	20 Professional Development Credits every 5 years	30 Professional Development Credits every 5 years	25 Professional Development Credits every 5 years (20 points must be from facilitator activities)	25 Professional Development Credits every 5 years (20 points must be from facilitator activities)	25 Professional Development Credits every 5 years (20 points must be from facilitator activities)